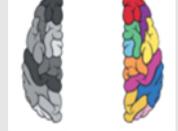


# Alignment to the National Curriculum KS1 & KS2



During key stages 1 and 2, PSHE education provides learning opportunities which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online.

Our PSHE curriculum is supported by the United Learning curriculum and the Manchester Healthy Schools PSHE Imatter curriculum. The teaching and learning of PSHE reflects the Department of Education's updated Statutory RSE and Health Education Guidance as well as incorporates recommended content from the PSHE Association.

Our PSHE curriculum is structured to include six overarching themes which run throughout school:

- Growth Mindset (linking to the work of Carol Dweck)
- Mental and Emotional Health (Manchester Healthy Schools)
- Keeping Safe (Manchester Healthy Schools)
- Healthy Lifestyles (Manchester Healthy Schools)
- Living in the Wider World (Manchester Healthy Schools)
- Relationships and Sex Education (Manchester Healthy Schools)

