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What do religions say to us when life gets hard?

This half term, children will learn in depth from different religious and spiritual ways of life about teaching about hard times.

Key facts	Key Vocabulary	
Reading stories about other people in the past who believed in God, and exploring how God was with them through difficult and unexpected situations, helps Christians to trust God and to know how He wants them to live.	Allah	The Arabic word for God in the Islamic religion.
Christians, Hindus and Muslims believe that if you repent and try to change your life and do good things, God will forgive you and wash away all of your sins.	Dilemma	A situation in which a difficult choice has to be made between two or more alternatives, especially ones that are equally undesirable.
Humanists believe that human beings shape their own lives and have the responsibility of shaping their own lives in a way that is good.	Guidance	Help and advice about how to do something or deal with problems.
Muslims believe that God is telling them how they should live their lives through the Qu'ran.	Humanist	Non-religious people who believe that we only have one life. They make sense of the world through evidence and logic.
Prior learning: Year 3 Christianity and Islam-What do different people believe about God? Year 4 Judaism and Hinduism-What do different people believe about God? What does it mean to be a Hindu in Britain today? Year 5 Christianity and Islam-Why do some people believe that God exists? Why do some religions believe that life is a journey and what significant experiences mark this? Hinduism and Judaism-If God is everywhere, why go to a place of worship? Year 6 Judaism and Hinduism-Why do some people believe that God exists?	Judgement	The ability to make sensible decisions.
	Life transformation	When someone dramatically changes their life.
	Repent	Feel or express regret for a sin.
	Following on: Year 6: Christianity, Hinduism and Islam-What is 'ahimsa' (harmlessness), 'grace' and 'ummah' (community) and what difference does it make to believe in them?	