



PE - Year 3 24-25

Outdoor Adventure



1 - To develop Co operation and team work skills.



2 - To develop trust and team work.



3 - To involve all team member to work towards a shared goal.



4 - To develop trust whilst listening to others and following instructions.



5 - To be able to identify objects, draw and follow a simple map.



6 - To draw a route using directions, orientate a map and navigate around a grid.

Gymnastics



7 - To develop point and patch balances.



8 - To develop point and patch balances on apparatus.