



PE - Year 1 24-25

## Team Building



*1 - To cooperate with a partner to complete challenges.*



*2 - To explore and develop working as a team.*



*3 - To develop talking, listening and sharing skills.*



*4 - To use speaking and listening skills to lead a group.*







*5 - To plan with a partner and small group to complete challenges.*



6 - To use talking, listening, sharing skills to complete challenges.



## Gymnastics



*7 - To explore travelling movements.*



*8 - To develop and combine traveling movements.*

Dance

Athletics

Strike and Field